



2009 Summer Camps

4 week-long camps from July 6th, 2009 to July 24th, 2009

School-age day camps: Ages 6 – 12 years

Red Phoenix Tae Kwon Do is proud to offer 3, half-day week-long summer camps. We have camps for beginner-level students (new students, and yellow stripe belt students), as well as camps for Intermediate (Yellow Belt to Green belt) and Advanced (Green Belt and higher) students. Each class has a maximum 14 students, with a minimum 5 students per week.

Each structured afternoon from 1:00 – 4:00 p.m. features a balanced mix of tae kwon do fundamentals, poomsae, advanced and demonstration kicks, video analysis of poomsae and sparring, non-contact 'step' sparring, history of tae kwon do, demonstrations from special guests, and other exciting activities.

During the final afternoon of each camp, parents will have the opportunity to watch their children demonstrate the new skills they have learned during the camp.

Week-long Tae Kwon Do camps:

- Week 1: July 6 – 10, 2008
- Week 2: July 13 – 17, 2008
- Week 3: July 20 – 25, 2008
- Beginner 1 – 4 p.m. ; Intermediate/Advanced 1 – 4 p.m. (warm-up together as a group, but groups will be separated for skills building and other activities)
- \$135/week+GST (current students); \$159/week+GST including uniform (new students)
- Each week is limited to a maximum of 14 students, with a minimum 5 students per week, so please register early.

Preschool-age camps: Ages 4 – 6 years

In two hours daily for one week, preschool-age students will be introduced to age-appropriate tae kwon do fundamentals in a very fun and energizing environment.

- Week 1 preschool: July 6 – 10th, 2008, Mornings, 10 – 12 a.m.
- Week 2 preschool: July 13 – 17th, 2008, Mornings, 10 – 12 a.m.
- Week 3 preschool: July 20 – 25th, 2008, Mornings, 10 – 12 a.m.
- \$99+GST – current students, \$129+GST – new students (includes uniform)
- Each week has a maximum of 12 spaces available, so please register early.

Please sign up with Master Cha and reserve a space today!



RED PH  **ENIX**

Tae Kwon Do and Martial Arts

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