

Fall/Winter 2009

(effective Monday, August 31st, 2009)



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	4:45 – 5:30 p.m. Children Beginner I (age 6 – 9)	4:45 – 5:30 p.m. Children Beginner II (age 6 – 9)	4:45 – 5:30 p.m. Children Beginner I (age 6 – 9)	4:45 – 5:30 p.m. Children Beginner II (age 6 – 9)	—————	9:00 – 9:40 Preschool Level I (ages 3.5 – 4.5 yrs)	
	5:30 – 6:15 p.m. Children Intermediate I (age 6 – 11)	5:30 – 6:15 p.m. Children Beginner III (age 8 - 14)	5:30 – 6:15 p.m. Children Intermed. I (age 6 – 11)	5:30 – 6:15 p.m. Children Beginner III (age 8 – 14)	5:30 – 6:15 p.m. Children Open/ Introductory Class	9:45 – 10:25 Preschool Level I (ages 4 – 5 yrs)	
	6:15 – 7:00 p.m. Children/Junior Intermediate II (age 8 – 14)	6:15 – 7:00 p.m. Family Class	6:15 – 7:00 p.m. Children/Junior Intermed. II (age 8 – 14)	6:15 – 7:00 p.m. Family Class	6:15 – 7:00 p.m. Junior Open Class	10:30 – 11:10 Preschool Level II (4.5 – 6 years)	
	7:00 – 7:45 p.m. Adult Beginner (Red room) Adult Intermediate (Blue room)	7:00 – 7:45 p.m. Adult Beginner (Red) Adult Intermed. (Blue)	7:00 – 7:45 p.m. Adult Beginner (Red) Adult Intermed. (Blue)	7:00 – 7:45 p.m. Adult Beginner (Red) Adult Intermed. (Blue)	7:00 – 7:45 p.m. Adult Open/ Introductory Class	11:15 – 12:00 Family/ Open class	11:15 – 12:00 Children Beginner I (age 7 –11)
	7:45 – 8:30 p.m. Adult Beginner/ Introductory Class	7:45 – 8:30 p.m. Adult Open/ Introductory Class	7:45 – 8:30 p.m. Adult Beginner/ Introductory Class	7:45 – 8:30 p.m. Adult Open/ Introductory Class	—————	12:15 – 1:15 p.m. Competition Team Sparring training	

* Private lessons with Master Cha are also available for working on sparring, poomse or specific tae kwon do techniques.

#203, 2705 Centre Street N.W. • Calgary, Alberta • T2E 2V5 • (403) 277-7937

www.redpx.com • info@redpx.com

